



# marlovian

all your news from the community

Spring 2020

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# Inside...

- 05. Mayor's Message
- 06. Town Council News
- 10. Could You Be A Councillor?
- 12. #sustainablemarlow
- 14. Eco Forum
- 15. Eco-Schools Conference
- 17. Town Treasure Hunt
- 18. Clubbing Together
- 20. Wild Marlow
- 22. Publican Awards
- 25. Winter Winner
- 26. Marlow's Medals of Honour
- 28. BCC News
- 32. Who Does What?



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**COVER:** Image courtesy of Wild Marlow

## MARLOW TOWN COUNCIL

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# Mayor's Message

## Welcome to 2020



As we move into the spring of 2020 and look forward to warmer weather, lighter nights and longer days at the end of this month, a few moments to reflect on a busy autumn and winter in Marlow. Christmas featured large in our town events with Switch on and Shop, Late Night Shopping and Carols the Causeway, key highlights in the lead up to Christmas. All were very successful and our residents, including children, continue to enjoy these traditional events. Add to that, the enormously popular Santa Fun Run, numerous parties and charity events and it just shows that we live in a very vibrant town.

Spring and into summer will bring the usual events in the town, with May Fayre, Pub in the Park, Town Regatta and Festival and the French Market – something for everyone. On 8th May there will be a short service of remembrance and commemoration of the end of the second world war 75 years ago – please join me and the British Legion at 11am on the Causeway.

### *Mental health in our young people*

We are not without our challenges, particularly mental health in our young people. Schools do not have sufficient budgets to cope with this escalating issue and that is why my Mayor's charity is continuing to support this excellent cause. I am carrying on the work of my predecessor, Cllr Chris Funnell, and funds that he raised have been carried over from last year, so that we can make a meaningful contribution to tackling this important issue. Please do offer your support and consider ways you could make an impact on mental health issues in our young people. Details of how you can donate follow.

### *Town vision*

The Town Council continues with its vision for the Town, adapting it to suit changing priorities – full details of our vision can be found on the Council's website. As part of that vision, we have set out to address the challenges and opportunities of sustainability and the environment. The Council has established an environmental advisory group (consisting of councillors and a number of external professionals) with the overall objective to make Marlow the most attractive, vibrant and environmentally sustainable riverside town in the Thames valley. Again, full details of our environmental policies are on our website, but we have outlined some of the excellent work carried out to date and our future plans further on in this edition of the Marlovian.

Please see where you may be able to help us deliver our objectives and perhaps you would like to play your part in the Great British spring clean by joining a giant Marlow litter pick organised by the Marlow Wombles at 11am

Saturday 28th March outside the Town Council office at Court Garden House.

So, there is a lot going on in our Town, which makes it an enjoyable place to live, visit and work. We have all started the new year with renewed goals and aspirations and I wish you all success with your challenges and opportunities.

I am often in and around the Town and I look forward to meeting you, keeping you updated with the initiatives and projects we have planned for this year.

### *Cllr Richard Scott*

Marlow Town Mayor

**[rscott@marlow-tc.gov.uk](mailto:rscott@marlow-tc.gov.uk)**

Bank details to make a donation towards my charity:  
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# Town Council News

Spring 2020

## *New night time security patrols are being introduced in Higginson Park*

Marlow Town Council (MTC) has stepped in to fund night-time security patrols in Higginson Park, extending the successful scheme introduced last year in Seymour and Gossmore Parks.

Higginson Park is managed by Wycombe District Council but their Green Spaces team were not able to fund the extended patrols. Marlow Town Council has agreed to pay for a trial period of six months from January 2020.

## *The highly visible patrols will be a deterrent to crime as well as deterring anti-social behaviour*

The licensed security operatives will share all intelligence with the police and gather additional surveillance material.

These patrols have been running since August 2019 in Seymour and Gossmore Parks with highly trained officers from 4Front security patrolling twice every night of the year. Both these parks have seen a significant reduction in crime and anti-social behaviour, and we are anticipating that Higginson Park will see a similar success.



## *Carols on The Causeway in December*

Marlow Town Council officers had to set up Father Christmas's Grotto and the gazebo for the Carols on The Causeway event last December in the most appalling conditions – torrential rain, thunder and lightning. We thought the evening would be a complete wash-out but Marlovians are a tough bunch and came out in hundreds to support the event. Thank you Marlovians!

Our special thanks must go to: the Town Band for staying with us by sheltering under the gazebo during the storm; members of Marlow Choral Society; Robyn from Bill's Restaurant who was giving out free hot chocolate; and the Rotary Club for handing out the free mulled wine generously donated by The George and Dragon. Sainsbury's kindly donated mince pies.

Father Christmas was in his cosy "living room" asking children what they wanted for Christmas and handing them a bag of chocolates and some sleigh bells provided by Marlow Town Council. MTC also handed out free battery candles to the crowd.

Thankfully conditions eased enough for everyone to enjoy the carol singing led by Mayor Richard Scott.





## *No increase in Council Tax for Marlow residents for the third year running*

At the January Town Council meeting Councillors agreed to keep Band D Tax at £51.24. This is the third year running that the Council has made no increase in its Council tax request. This is possible because of continuing prudent expenditure and negotiation of contracts. The budget from April 2020 was also set at this meeting and for the first time in recent years a deficit budget was set, with any shortfall being taken from reserves.

## *Celebrate Marlow and help us find those unsung heroes*

Do you know anyone in Marlow who readily gives up their time to serve their community? Do you think they deserve to be recognised for their contribution?

If so, please do put them forward as one of Marlow's "Unsung Heroes" in this year's campaign by Marlow Town Council to find the town's most dedicated volunteers.

Last year's campaign found 22 nominees and we would really like to be able to increase the number in 2020, so we are calling on everyone to put forward their suggestions. Those put forward will be selected to be invited to this year "Celebrate Marlow" lunch event on 27th September at The Crowne Plaza in recognition of their contribution to the Community.

To tell us about your Unsung Heroes, please email **[office@marlow-tc.gov.uk](mailto:office@marlow-tc.gov.uk)**



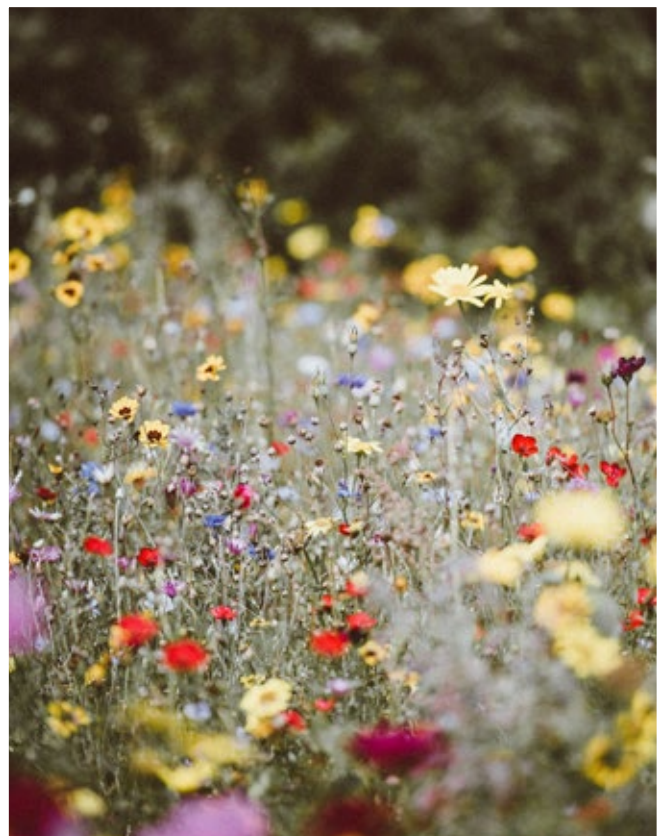
## *Fix My Street*

Found a pothole? Blocked drain in the road? Damage to kerbs and pavements? Streetlight not working? Did you know that the easiest and quickest way to get any of these problems fixed is by reporting it online? Bucks County Council is responsible for these issues, which can all be reported online. You will receive an immediate email acknowledgement of your issue, a follow-up report with a timescale to fix the issue and finally an email when the problem is resolved. The system is simple and easy to use, and you can choose not to have your name shown publicly. You can also see on their interactive map all the other problems that have been logged locally.

You can use Fix My Street for Marlow by using this link **[www.fixmystreet.buckscc.gov.uk](http://www.fixmystreet.buckscc.gov.uk)**

## *Going Wild*

Marlow Town Council are going to trial growing wildflowers along some roadside grass verges in Marlow this year. This is with the aim of developing and supporting wildlife and its natural habitat. There has been an increasing interest nationwide in supporting the growth of environmentally beneficial plants along roadsides. This project is advocated by #sustainablemarlow which is a working group with the objective of making Marlow into an environmental exemplar town with a series of projects tackling climate change and other priority issues. The chosen verges will have a sign in the patch or nearby to explain that they are being left uncut to grow native wildflowers. This initiative has also been supported by WildMarlow and Transition Town Marlow.





### Marlow Town Bus

Did you know that there is a local town bus service that you can use to get out and about in Marlow, supported by Marlow Town Council? Why not leave the car at home for that trip to the shops, to the park or to work? You can help reduce congestion and improve air quality at the same time.

The bus stops in many places around the town and has links to Maidenhead and High Wycombe.

See the full timetable below.



<b>Marlow Marlow Bottom High Wycombe</b>					<b>158</b>
<b>MONDAY AND TUESDAY, THURSDAY AND FRIDAY</b>			<b>From: 1st April 2012</b>		
Marlow, Court Garden	10:10	High Wycombe Bus Station, Gate A	11:25	13:15	
Marlow, Sandygate Road	10:14	Cressex, Marlow Road	11:31	13:21	
Marlow, Sunnybank	-	Marlow Bottom, Post Office	-	13:27	
Marlow, Seymour Park Road	10:18	Marlow Bottom, High Heavens Wood	-	13:31	
Hillside, Woodland Way	10:20	Marlow Bottom, Post Office	-	13:35	
Marlow Bottom, Post Office	10:22	Hillside, Woodland Way	-	13:38	
Marlow Bottom, High Heavens Wood	10:26	Seymour Park Road	-	13:41	
Marlow Bottom, Post Office	10:32	Marlow, Sunnybank	-	-	
Cressex, Marlow Road	10:39	Marlow, Sandygate Road	-	13:45	
High Wycombe Bus Station	10:44	Marlow, High Street	11:42	13:48	
		Marlow, Court Garden	11:43	13:49	
This service is operated by Red Eagle (01296 630402) under contract to Transport for Buckinghamshire					

<b>Little Marlow Marlow Bottom Marlow Maidenhead</b>					<b>155</b>
<b>WEDNESDAY</b>			<b>From: 1st April 2012</b>		
Maidenhead, Frascati Way West Side, Stop N1		10:20		12:30	
Maidenhead, Golden Ball Lane West		10:27		12:37	
Marlow, Court Garden	09:05	10:39	11:30	-	13:45
Terrington Hill	-		11:37	-	-
Sunnybank	-		11:43	-	-
Seymour Park Road	-		11:45	-	-
Marlow Bottom, Post Office	-		11:48	-	-
Marlow Bottom, High Heavens Wood	-		11:52	-	-
Marlow, Wiltshire Road	-		11:57	-	-
Little Marlow, Winchbottom Lane	09:11		12:03	12:45	13:51
Little Marlow, Church Road	09:15		12:07	12:49	13:55
Westhorpe Caravan Park	09:19		12:11	12:53	13:59
Marlow, Wiltshire Road	09:26		-	13:00	14:06
Marlow Bottom, High Heavens Wood	09:32		-	13:06	14:12
Marlow Bottom, Post Office	09:36		-	13:10	14:16
Seymour Park Road	09:39		-	13:13	14:19
Sunnybank	-		-	13:15	-
Terrington Hill	09:47		-	13:21	-
Marlow, Court Garden	09:53		-	13:27	14:27
Maidenhead, Golden Ball Lane East	10:08		12:20		
Maidenhead, Frascati Way	10:14		12:26		
This service is operated by Red Eagle (01296 630402) under contract to Transport for Buckinghamshire					



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# Could You Be A Councillor?

*Local elections will take place in May 2020*



## BE A COUNCILLOR

**W**ould you like to serve your community, influence local decision-making and really make a difference? If so, why not consider standing as a Councillor in the May 2020 local elections?

There are roughly 20,000 local councillors in England. Councillors are elected to the local council to represent their own local community, so they must either live or work in the area.

Each councillor has their own reasons for running but the role offers the chance to make a huge difference to the quality of life for people in your local area.

Being an effective councillor requires both commitment and hard work. Councillors have to balance the needs and interests of residents, the political party they represent (if any) and the council. The councillor's role centres around community leadership and engagement.

Responsibilities include:

- representing the ward for which they are elected
- decision-making - developing and reviewing council policy
- scrutinising decisions taken by the councillors regulatory, quasi-judicial and statutory duties

### *How can I get involved?*

Once you've decided to get involved and stand as a councillor there are two main routes; you can decide to stand for one of the political parties/groups or as an independent.

### *Representing a political party*

If you want to represent a political party, then get involved with your party locally as soon as possible. They will advise on what is involved and ultimately select a candidate.

### *Standing as an independent candidate*

If you're thinking of standing as an independent candidate, you can contact your council's electoral services department. You will need to start becoming aware of issues in your local area, what your local council is doing about these issues, and how your own opinion differs from the political parties.

*Each councillor has their own reasons for running but the role offers the chance to make a huge difference to the quality of life for people in your local area*

### *Getting officially nominated*

Whether you've been selected by a party or are standing as an independent candidate, you must make sure that you are officially nominated as the election date draws nearer.

This means getting 10 people to sign your nomination papers, (signatories must be registered electors in the ward where you wish to stand) available from your local council's democratic services department. Contact Wycombe District Council Electoral services department.

You must also give your consent in writing to your nomination. All the necessary documents must be submitted 19 working days before the day of the election.

For more detailed information please visit **[www.gov.uk/government/get-involved/take-part/become-a-councillor](http://www.gov.uk/government/get-involved/take-part/become-a-councillor)** **[becouncilor.co.uk](http://becouncilor.co.uk)**

Or for a more informal chat do pop into the Marlow Town Council Offices.



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# #sustainablemarlow

## Update on Town Council environmental initiative

### *Help Marlow's Air Pollution Problem - Drivers can help*

Marlow town centre (High St, West St, Spittal St and Chapel St) has been declared an official Air Quality Management Area (AQMA) because NO<sub>2</sub> levels are above the legal limit of 40 micrograms per cubic metre as an annual average. Wycombe District Council has published an Air Quality Action Plan including 25 measures aimed at reducing pollution levels.

Marlow Town Council has already taken steps to increase awareness of the issue, and now it is asking residents to help by modifying their behaviour in simple ways.

The Council's message is directed particularly at drivers of older diesel vehicles, which along with lorries and buses, tend to produce more NO<sub>2</sub>. The pollution gets trapped in the narrow streets of the town centre, particularly Spittal St and Chapel St.

All Marlow residents are asked to consider taking six actions:

- Find out the NO<sub>2</sub> emission rating of your vehicle via the EQUA Air Quality website at <https://equaindex.com/equa-air-quality-index/>
- Especially if you drive an older diesel vehicle or other high-NO<sub>2</sub> emitting vehicle, please avoid Marlow town centre if you reasonably can - for example by using the A404 bypass.
- When driving anywhere in the town centre, keep your speed down and drive smoothly, avoiding acceleration and braking. Not only will this reduce your contribution to NO<sub>2</sub> pollution, but eco-driving has also been shown to cut fuel consumption (and therefore greenhouse gas emissions) by up to 15%, as well as reducing accidents.
- Whenever your vehicle is stationary for more than a few seconds, switch off your engine. Idling produces pointless pollution. If your vehicle has stop-start technology fitted, then make sure it is on.
- If you are thinking of changing your vehicle, choose a low-NO<sub>2</sub> model, and consider switching to an electric or other ultra-low emission vehicle (ULEV) for greater environmental benefit.
- Try to make more journeys into Marlow town centre on foot or on a bicycle. Active transport is good for health and community as well as for the environment. Marlow Town Council is committed to doing more to encourage walking and cycling.

Exposure to high levels of NO<sub>2</sub> is associated with respiratory health problems, particularly for vulnerable groups including children and the elderly, hence the importance of bringing levels down as quickly as possible.

The good news is that NO<sub>2</sub> pollution in Marlow town centre is gradually improving as the vehicle fleet gets cleaner. As a result the highest recorded level of pollution in Marlow town centre was 47 micrograms per cubic metre in 2018, down from 57 micrograms in 2014.

Marlow Town Council calls on all residents to help accelerate this trend so that risks to health can be substantially reduced and the Air Quality Management Area status of the town centre can be revoked sooner rather than later.

### *Releaf Marlow: first roots in the ground*

Marlow Town Council's joint project with Transition Town Marlow to increase the number of trees across the town scored its first success in December 2019 with the planting of six cherry trees on the verge of Lock Road, close to the Marlow Donkey pub.

The planting was championed and funded by Marlow's Mayor Richard Scott, using part of his ward budget. Cllr Scott said: "Lock Road has suffered the loss of some of its trees, and we're hoping that the new ones will soon provide shade, environmental benefits and harbour for wildlife. Hopefully this will be the first of many new trees to grace our streets over the coming months and years."

Last autumn Releaf Marlow volunteers began a comprehensive survey of Marlow's streets and open spaces to see where more trees could be planted. So far, room for more than 1,000 new trees has been identified.

The project organisers hope to achieve at least some additional planting before the weather gets too warm, and have sought permissions from landowners. Among the

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*"Lock Road has suffered the loss of some of its trees, and we're hoping that the new ones will soon provide shade, environmental benefits and harbour for wildlife."*

*Mayor Richard Scott*

---

sites being looked at are Seymour Recreation Ground, extending an existing community orchard, and roadside verges on the edge of town near Rebellion Brewery.

Releaf Marlow will be aiming to expand its efforts with a view to planting many more new trees in winter 2020/21. To this end volunteers will be spending the summer completing the Marlow tree survey, liaising with landowners, seeking funding and engaging residents.

To find out more about Releaf Marlow email [releafmarlow@gmail.com](mailto:releafmarlow@gmail.com)

### Water Refill Station for Marlow

Marlow has a new water refill station in Higginson Park, thanks to a member of Marlow Town Council (MTC) and Wycombe District Council (WDC).

Suzanne Brown has used her ward budget as a Wycombe District Councillor to pay for a water refill station on the edge of Court Garden House, while WDC has paid for the connection.

Phil Irving, a Marlow-based environmental professional on the environment working group, #sustainablemarlow, who championed the Refill scheme, said: "I am really excited that we have another refill point for the people of Marlow. It's becoming easier and easier to carry a water bottle and refill it. And that means fewer bottles bought, drunk and thrown away. Well done Suzanne Brown for making this happen."

Residents and visitors to Marlow are also able to refill bottles free of charge at cafes, bars, restaurants and other businesses displaying Refill window stickers to show they have signed up to a free Refill app.





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# Eco Forum

*Local primary schools work together to promote sustainability*



In October 2019, Spinfield School began a Sustainability Pledge initiative where children and their families made simple practical pledges to improve the health of our planet. This was such a success they decided to share the initiative with other Marlow Primary Schools and as a result 1,668 pledges have been made by the children and families of St.Peter's, Holy Trinity, Burford, Frieth and Foxes Piece Primary Schools. The children were inspired by Greta Thunberg and her assertion that "no one is too small to make a difference", they also believe they have a special superpower - PESTER power, which will "encourage" their families to make good choices!

The schools involved attended an Eco Forum held at Spinfield Primary School in December 2019 attended by Marlow Lead Cllr Jocelyn Towns and Mr Phil Irving of the Environment Agency. The children listened to what Marlow Town Council is doing to promote sustainability, and shared ideas and made suggestions.

One of these was to promote a certificate scheme for shops that do not provide plastic bags but use more sustainable alternatives or encourage people to use their own bags!

They also decided to initiate a Waste-Free Wednesday in their schools. Each Wednesday they will try to bring completely waste-free lunchboxes to school and avoid wasteful packaging. All of the schools involved agreed to meet again in a follow up Forum in the summer term and to stay closely linked and work together as they believe that by working together, they can make a real impact.

Children in Marlow are passionate, well informed and concerned about the health of their planet and are engaged in working together to make a difference.

Contributed by *Mrs Sue Armstrong*  
Spinfield Primary School Sustainability Coordinator



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# Eco-Schools Conference



*School hosts environmental event for local children to attend*

Sustainability matters to Marlow's schools. There is a wealth of activity under way, lots to celebrate, and their first eco conference will take place at the end of March.

Looking ahead to the conference, Great Marlow School's (GMS) head teacher, Kevin Ford, said: "Our future is in our children's hands and we're aiming to organise an event that they'll remember for years to come and that will inspire collaborative action. Our children are growing up with environmental issues in the news and the classroom and their passion is astounding. We want to harness that and get children of all ages working together to make a difference."

GMS will host the event, which will be attended by more than 100 children. It will be supported by a range of national and local organisations including the Town Council, Environment Agency, Marlow Wombles, Releaf Marlow, Refill Marlow and Lunchbox Doctor.

Discussion topics and activities will include climate change, waste, litter and recycling, flooding, air quality, and sustainable eating. The children will build on Spinfield School's sustainability pledge initiative and

*Discussion topics and activities will include climate change, waste, litter and recycling, flooding, air quality, and sustainable eating*

decide what they want to do together. And they'll decide what challenges and questions they want to put to their parents, their teachers, businesses and those in authority. Look out for more on this in future issues of the Marlovian.



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## Meadowside

RESIDENTIAL CARE HOME

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E-mail: [enquiries@meadowsidecarehome.co.uk](mailto:enquiries@meadowsidecarehome.co.uk)  
Website: [www.meadowsidecarehome.co.uk](http://www.meadowsidecarehome.co.uk)

Meadowside is a small, family-run residential care home for the elderly situated just outside Marlow Town Centre.

The traditional Edwardian-style premises have been carefully converted with the specific needs of elderly people in mind.

Our aim is to create a genuine 'home-from-home' family atmosphere for all our residents.

Accommodation is available for up to twelve; a small number that enables us to provide the highest quality individual care and personal attention to each of our residents.

We are regulated by the Care Quality Commission and comply with the required standards for residential care.

You can visit our website for further information. Please contact Elizabeth directly to discuss your care requirements.

We will be happy to show you around and provide you with an assessment of your care needs and discuss our rates and the service we offer.



Rated "Good" in all key areas by the CQC in May 2016.







The Rotary Club of Marlow presents a

# **Charity Youth Concert by Orchestras & Choir**

**of the Chiltern Music Academy**

**Saturday March 21<sup>st</sup> 7.30 pm  
All Saints Church, Marlow**

All the members of the two Orchestras and the Choir are members of the well known Chiltern Music Academy and from local senior schools

**Adults £12, under 18's £6**

**Tickets available from the Marlow Information  
Centre, or from Rotarian Lance Slater - 01628  
484323 - [ims37@outlook.com](mailto:ims37@outlook.com) - or at the door**

Ticket price includes FREE wine and soft drink at the interval

Proceeds donated to the Chiltern Music Academy and charities supported by the Rotary Club of Marlow. Charity number 1024392



# Town Treasure Hunt



## *The Great Big Marlow Scavenger Hunt*

*The Scavenger Hunt will take you on a tour of the main sights of Marlow and around some of its hidden gems*

Saturday 28th March sees the Marlow Chamber of Trade & Commerce run the Great Big Marlow Scavenger Hunt. If you fancy doing something a little different at the weekend, then the whole family - dog included – are invited to spend the afternoon hunting for treasure.

Running as part of the Chamber's Marlow Business Festival, the Scavenger Hunt will take you on a tour of the main sights of Marlow and around some of its hidden gems. A series of cryptic clues and challenges will help involve everyone, young and old, in searching, collecting and solving puzzles for prizes.

For the adults, there's also a local knowledge quiz that comes with its own prize.

The Hunt starts from Liston Hall, in the Garden Room. Check-in opens at 2pm for a 2.30pm start, where you will be given:

- the route map
- a set of route related questions
- some 'creative' challenges
- a list of items to collect
- an anagram game, and
- (on request) the local knowledge quiz

Anyone interested should please register in advance via the Marlow Chamber Website. For registration and more details, visit: [www.marlowchamber.com/scavenger-hunt](http://www.marlowchamber.com/scavenger-hunt)



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# Clubbing Together

Events

## Town Mayor's Charity Golf Day

Town Mayor Richard Scott will be holding the very popular Charity Golf Day at Harleyford Golf Club on Tuesday 21st April 2020. He continues to raise funds to support Marlow's schools, teachers and helpers with the huge challenge created by the increasing number of children and teenagers struggling with mental health issues.

"By entering a team or sponsoring a hole, you will be making a valuable contribution towards my fundraising efforts," he says.



To enter a team of four, the cost is £300. For this you will get a great day's golf at the prestigious Harleyford Golf Club, bacon rolls and coffee before teeing off at midday and a three-course evening meal in the Club's lovely Pavilion Restaurant. This is followed by prizegiving for the teams and a raffle.

If you are interested in reserving a space, please contact Jan Bailey at [jan@marlow-tc.gov.uk](mailto:jan@marlow-tc.gov.uk). Places do get snapped up quickly by returning teams so don't delay if you wish to enter a team! Maybe the company you work for will be interested in sponsoring one of the 18 holes: if so, contact Jan for more information.



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# Love Marlow Festival 2020



1st to 14th June

This is the sixth festival and as in previous years we think the programme provides entertainment and training for all ages. Thanks to an army of volunteers and the support of many local businesses, the 2020 Festival continues with the most popular events that were so well received in the past. These include the Kids Cycle Ride, music ranging from light-hearted singalongs with Marlow's Ukulele Group to soothing lunchtime melodies. For new parents, First Aid Training and perhaps just as valuable, instruction in the use of Defibrillators was certainly popular with older people.



A new and exciting development in this year's programme is an illustrated talk about the music of the Wesley family – instrumental works, songs, hymns and other exquisite compositions from across three generations of this gifted family will be presented, including performances, by local musicians. The whole musical tabloid will be bought to life courtesy of popular musicologist, Keith Bartlett, whose talks at Marlow U3A and elsewhere have enthralled audiences for many years.

To find out more go to [www.lovemarlow.co.uk](http://www lovemarlow.co.uk) or email: [paddygallaugh@gmail.com](mailto:paddygallaugh@gmail.com)



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# Wild Marlow

*New Wildlife group takes off in Marlow*



If you care about wildlife and want to protect the environment for birds, insects, animals, plants and trees in and around Marlow, then there's a new group in Marlow you can join.

Wild Marlow has been formed by volunteer enthusiasts passionate about wildlife and protecting biodiversity in the Marlow area. Through events, educational guides and tours, advice, competitions, volunteering and practical work parties, the group wants to raise awareness of the importance of a balanced ecosystem with residents, local organisations, land owners and decision makers.

Already this year a number of fascinating events are planned, including walks, talks, workshops – a popular bird box workshop was held in January – school talks, a photo competition and much more.

Wild Marlow covers all areas of Marlow within the SL7 postcode, including Bisham, Great Marlow, Marlow Bottom and Little Marlow.

Membership is £10 per annum for individuals (allows free/reduced entry to some events). Wild Marlow is a non-profit group so by becoming a member you will be supporting us in our activities for wildlife and the community. Donations are also very welcome!

To join go to [www.wildmarlow.org.uk](http://www.wildmarlow.org.uk) or email [contact@wildmarlow.org.uk](mailto:contact@wildmarlow.org.uk).

## *Fantastic photo competition!*

Wild Marlow has launched an inspiring new photo competition with support from Marlow Camera Club. The aim is to stimulate interest in and appreciation of the wildlife and habitats of this beautiful region. Entrants can let their talents run wild and have fun – there are no limits on creativity!

The competition is open to all ages and abilities (professional photographers are excluded). Wild Marlow is particularly keen to have entries from children. The judges are looking for still photos – colour or black and white – taken by camera, smartphone or tablet, and the pictures must be taken within the Marlow area (SL7). Pictures can be taken in any season of the year, and there will be three categories: junior school child, senior school child and adult.

Each winning photo will be featured in the Wild Marlow Calendar for 2021. The overall winner's photo will take the front cover position and the winner will receive gift vouchers to the value of £100. Winners in the other two categories will receive gift vouchers to the value of £50.

For further information and to enter, go to:  
**[www.wildmarlow.org.uk/competition](http://www.wildmarlow.org.uk/competition)**



## Support the Wild Marlow Gardens Campaign

This spring, on 1st April, Wild Marlow will be launching a major new campaign encouraging domestic gardeners to welcome wildlife.

Gold, silver and bronze award certificates will be given to those who satisfy three different levels of criteria, and all Wild Marlow members awarded a gold certificate will be eligible for a special Wild Marlow blue heart to display in their garden or wildlife area.

Categories considered include garden management, covering areas such as pesticides, compost and hedgehog routes; wildlife food features, which include nectar-rich flowers, bird feeding-stations and types of fruit and vegetables grown; wildlife shelter features such as climbing plants and insect hotels; and garden water features like ponds and water butts.

The Wild Marlow Gardens Campaign supports the national BLUE campaign, which has been running since 2014, promoting the rewilding of gardens and other open spaces across the UK.

Away from domestic gardens, Wild Marlow hopes to be able to offer larger Wild Marlow blue hearts for display in recognition of wildlife friendly environments and practices in other open spaces such as parks, road verges, churchyards, school grounds and commercial properties.

A detailed guidance sheet for the domestic garden campaign will be available by 1st April 2020 on

[www.wildmarlow.org.uk](http://www.wildmarlow.org.uk).

For further information: [contact@wildmarlow.org.uk](mailto:contact@wildmarlow.org.uk)



## Is work chipping away at your leisure time?

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<ul style="list-style-type: none"> <li>• unlimited rounds</li> <li>• BB&amp;O County Card</li> <li>• guest green fees - £20</li> <li>• incl. £150 food/drink</li> <li>• 17.5% off food/drink</li> </ul> <p><b>£1,750</b> **</p>	<ul style="list-style-type: none"> <li>• up to 52 inclusive rounds</li> <li>• extra rounds - £25</li> <li>• guest green fees - £25</li> <li>• incl. £150 food/drink</li> <li>• 15% off food/drink</li> </ul> <p><b>£1,525</b> **</p>	<ul style="list-style-type: none"> <li>• up to 35 inclusive rounds</li> <li>• extra rounds - £30</li> <li>• guest green fees - £30</li> <li>• incl. £150 food/drink</li> <li>• 12.5% off food/drink</li> </ul> <p><b>£1,175</b> **</p>	<ul style="list-style-type: none"> <li>• up to 20 inclusive rounds</li> <li>• extra rounds - £30</li> <li>• guest green fees - £30</li> <li>• incl. £150 food/drink</li> <li>• 10% off food/drink</li> </ul> <p><b>£815</b> **</p>	<ul style="list-style-type: none"> <li>• up to 9 inclusive rounds</li> <li>• extra rounds - £30</li> <li>• guest green fees - £30</li> <li>• incl. £50 food/drink</li> <li>• 7.5% off food/drink</li> </ul> <p><b>£415</b> **</p>

\* terms and conditions apply \*\* prices correct at time of publication but subject to change

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# Publican Awards

## *Marlow pub reaches finals of national competition*

A pub in Marlow has reached the finals of the Publican Awards 2020, a national competition that rewards the "cream of the cream" of the UK pub industry. The Chequers, on the town's High Street, operated by Henley-based pub operator and brewer Brakspear, is shortlisted for the Best Pub Accommodation Award, the winners of which will be announced in March.

The Publican Awards, run by leading pub magazine *The Morning Advertiser*, are open to pubs across the UK and are widely regarded as the "ones to win".

*"We've got everything crossed for the winner's announcement in March!"*

*Dean Bigley, General Manager*

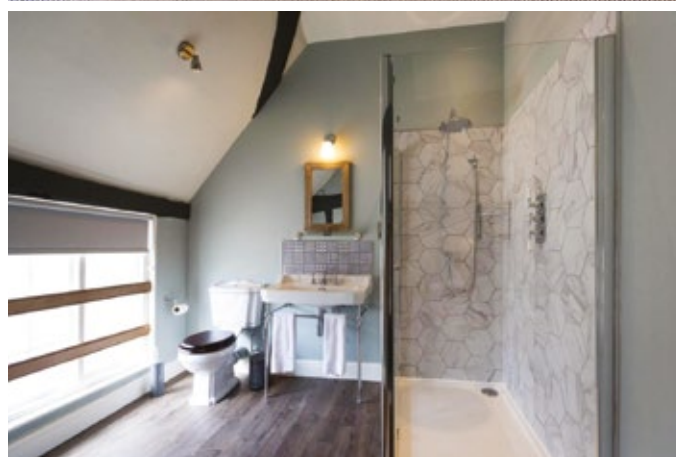
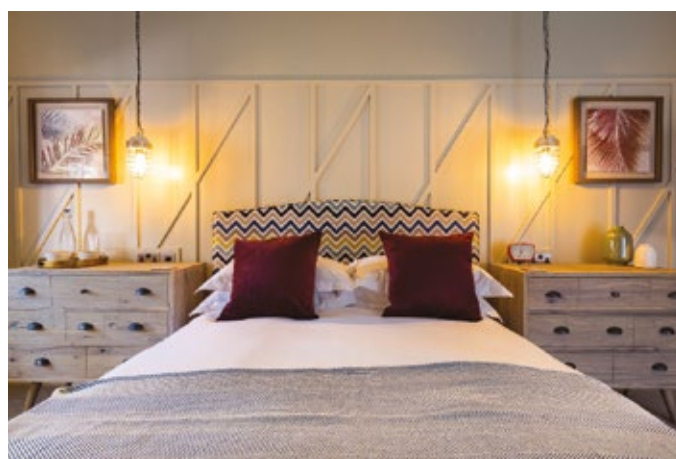
The Best Pub Accommodation Award will be given to the pub group which offers guests the best overnight stay, with judges looking for first-rate comfort and design

in the bedrooms, outstanding customer service and a tasty breakfast. The nine bedrooms at the Chequers are decorated and furnished to high standards with luxury en-suite bathrooms, super-comfortable beds with Egyptian cotton linens and Nespresso coffee machines.

Reaching the finals is the first stage in the Publican Awards' rigorous judging process. The next steps include a visit by judges to several of the pubs, professional mystery visits and a panel interview in London for the Brakspear senior management team.

Dean Bigley, General Manager at the Chequers, said: "We are thrilled to be shortlisted for the Publican Awards. We're very proud of our beautiful bedrooms, which offer our guests an overnight stay with a boutique hotel feel. And, because we're still first and foremost a pub, they also benefit from the sociable, relaxed atmosphere, enjoying a pint in the Churchill Tap bar downstairs, or a meal in our dining room before turning in for the night just a few steps away. We've got everything crossed for the winner's announcement in March!"

Winners of the Publican Awards 2020 will be announced at an awards ceremony in London attended by hundreds of guests from across the pub industry.



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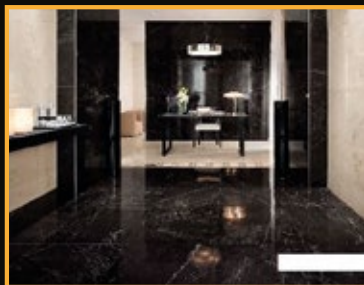
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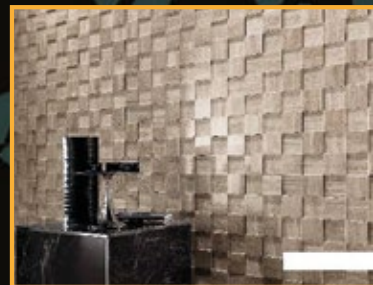
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MacIntyre No Limits works with young people and their families collaboratively to identify and achieve their long term goals in a way that is engaging and makes

Learners are enrolled directly at their local college and receive an individualised and engaging programme of education, facilitated and overseen by the MacIntyre No Limits team. We support young people within the college environment with all our programmes providing a bespoke, personalised timetable aimed at developing independence skills for a successful transition to adulthood. We also work with learners from their home, within their local environment gaining skills and applying their learning in an everyday context, preparing for a more self-determining lifestyle.

As part of our provision, we maintain a focus upon employability outcomes, encouraging students to engage with a range of work experience opportunities, with the view to enter paid employment in the future.

**Chris, a MacIntyre employee says:**

*"I would say: try it. It might change your life like it did mine. I am very privileged to love coming to work and that's a very, very rare thing nowadays."*

If you would like to find out more about beginning a career with us contact:

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**Phone:** 01908 357016  
[www.macintyrecharity.org](http://www.macintyrecharity.org)



# Winter Winner

## Marlow Museum's photo competition winner announced

Richard Maidment won Marlow Museum's "Winter in Marlow" photo competition with his photo of a view of Little Marlow in the snow, which the judges unanimously chose as the winner. (The Museum covers Marlow and the five surrounding parishes.) The prize was awarded to Richard by the Museum's Chairman Mike Hyde at the exhibition. The display of photos from the 1890s until today, many lent by Michael Eagleton and Barrie Lea, continues throughout winter. "The Story of Marlow" exhibition is ongoing too. From the beginning of March to end of October, the Museum's opening hours are 1-5pm Saturday and Sunday and 2-5pm Wednesdays. Admission is always free.

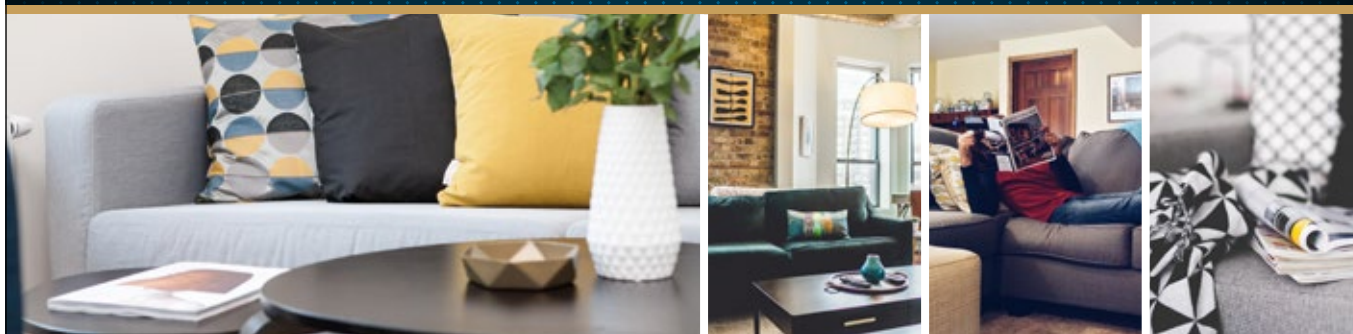
Richard Maidment said: "I was delighted to have received this award, especially as the many entries on display are of such a high standard, set within a framework which provides a comprehensive and fascinating illustrated history of our beautiful town. I started taking photographs 60 years ago with a Kodak Brownie box camera, but the main impetus for me came with the advent of digital photography, which enabled me to concentrate on composition and not be too concerned with apertures and shutter speeds."

Contributed by *Della Fitzgerald*



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# Marlow's Medals of Honour

*Services to the community and outstanding achievements awarded*



## *John Chapman, MBE*

John Chapman has been awarded an MBE in the New Year's Honours List for services to the community in Marlow. He is President of the Marlow Branch of The Royal British Legion and President of the Management Committee of the Regatta.

*John's list of community involvement is extensive and far too long to include here!*

He is heavily committed to rowing as the President of the Thames Regional Rowing Council and has a leading role in the local rowing club.

John has served as a Member of the Rotary Club of Marlow and has fundraised for a number of national and international causes. He served as President in 1992.

He co-founded the Chilterns Prostate Cancer Support Group that helps newly diagnosed men and their loved ones to come to terms with their disease.

John's list of community involvement is extensive and far too long to include here!

Congratulations John – well deserved.



*John giving the Royal British Legion Exhortation at the Remembrance Service*



## *Barry Middleton, MBE*

Barry Middleton received an MBE for his services to hockey. He is the most capped player in the history of Great Britain and England Hockey, with 432 caps and 119 goals. This makes him one of the greatest athletes, from any sport, in the nation's history.

*His outstanding leadership has enabled him to captain the nation for the best part of a decade, leading England to EuroHockey Gold in 2009*

He has competed in 30 major international tournaments including four Olympic Games, four World Cups, eight European Championships and four Commonwealth Games.

His outstanding leadership has enabled him to captain the nation for the best part of a decade, leading England to EuroHockey Gold in 2009, as well as captaining Great Britain in two Olympics, including finishing fourth in London 2012.

Barry and his wife Beckie, also an international hockey player, have lived in Marlow for 10 years and they have been great supporters of Marlow Hockey Club; Barry officially opened the then new all-weather hockey pitch at Marlow Sports Club, Pound Lane in 2011.

What amazing achievements – congratulations Barry!

### Sean Wheeler, BEM

Sean was presented with his award by the Lord Lieutenant of Buckinghamshire, Sir Henry Aubrey-Fletcher, at a ceremony at the Milton Keynes Council Chamber on Wednesday, 13 November.

Sean has volunteered with the HIV charity, Thames Valley Positive Support (TVPS) for the past 26 years. Sean started out working as a buddy in 1993, supporting people who were too ill to come to the centre and assisting them in day-to-day tasks. Over the years Sean's role has grown and developed. He was invited to join the board of trustees, has held the post of vice-chair and is currently the chair of the charity, having been in this post for the past eight years.

### Sean also chairs the Hospitality Employer-Led College Accreditation Board

Sean's successful career in transforming businesses in the hospitality industry has kept him busy but it hasn't stopped him using his free time to support the young and those experiencing challenges in the hospitality industry. He has served as a trustee for the Springboard Charity

(which provides young people in the leisure, hospitality and tourist industry with advice and training) for ten years and is also on the fundraising and events board of the charity, Hospitality Action, which helps people in the industry who have hit hard times to get back on their feet.

Sean also chairs the Hospitality Employer-Led College Accreditation Board which awards the People 1st International College Accreditation to colleges that deliver first class training, promote innovation and nurture aspiring talent in the industry.

Congratulations Sean!





# marlovian

all your news from the community

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for Marlow Town Council



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## *Repair revolution comes to Bucks*

There is a repair revolution gathering pace in Buckinghamshire and the County Council is encouraging people to take part in the county's Repair Cafés.

Repair Cafés are free meeting places where people come together to repair things. Visitors bring their broken items from home. Working together with specialists they make repairs so that the item continues its useful life rather than becoming part of the vast amount of rubbish our society produces.

And the idea is spreading! There are over 1,500 Repair Cafés worldwide and Buckinghamshire is now home to three.

The Marlow Repair Café has been going for over year, Aston Clinton has just recently held its first event and Princes Risborough held its first this February. Buckinghamshire County Council (BCC) is supporting these volunteer groups and is putting the call out for any other groups that want to get started.

Bill Chapple OBE, BCC Cabinet Member for Planning & Environment, said: "It's been called the throwaway society – the tendency to simply replace an item with something new when the slightest fault or damage occurs. The old item just becomes waste, even though it could have easily been repaired with a little time and some basic know-how.

---

*Working together with specialists  
they make repairs so that the item  
continues its useful life rather than  
becoming part of the vast amount  
of rubbish our society produces*

---

"That's where the Repair Café comes in. It's a place where people get together to share practical knowledge, and have fun mending and repairing their things to give them a new lease of life. Repairing has a double environmental benefit - not only does the old item not have to be disposed of as waste, but Earth's valuable resources don't have to be used in the manufacture of a replacement.

"So, if you have a broken item, want to volunteer your skills or just want to find out what it's all about, why not pop along to the next Repair Café near you?"



### *Marlow Repair Café*

The Marlow Repair Café is an opportunity for people to learn how to fix their own items, rather than throwing them away. This can range from electronics to furniture, or from jewellery to bikes.

The café is organised bi-monthly alongside the Marlow Market in the All Saints Church Hall, from 10am until 1pm.

#### **The dates for 2020 are:**

Saturday 4th April

Saturday 6th June

Saturday 1st August

Saturday 3rd October

Drop in with items to repair or for a chat. The Repair Café Foundation website has more details on what it is and what the house rules are.

Have you got thoughts, ideas, comments or suggestions? Are you good at repairing things? Do you have unique tools that could be of use? We'd love to hear from you, either via our contacts page or via the Marlow Repair Café Facebook page. That page is also a good way to show your support and spread the word.

Please consider supporting the work of the Marlow Repair Café.



# Ultimate recycling guide

## Where to donate your unwanted items



### Bedding, sleeping bags and towels

Clean and presentable:

- Wycombe Homeless Connection
- High Wycombe Helping Others
- YMCA single bedding

Clean, old and scruffy:

- Temple End Vets use old towels for operations and pet care – drop into their Marlow Bottom branch (part-time opening) or they have branches elsewhere.
- Stokenchurchdogrescue.org.uk use non-feather duvets, pillows, towels, blankets and sheets for animal bedding.

### Bikes

- Cyclehub.org.uk is based in Maidenhead and teaches bike renovation and sells donated bikes.
- Re-cycle.org. Your bicycle will be a much-valued alternative to walking for someone in Africa, enabling them to transform their life. Bike drop-off points are listed.
- For used inner tubes see ragsto.com

### Books

- Book exchange – phone box on the Newtown/Newfield Roads corners. Swap books.
- Find a School Library that no-one else has donated to.

Wycombe schools usually have less than Marlow ones.

- Marlow, Bourne End and Wycombe Libraries accept donated books.
- Wycombe Hospital. Scanappeal collects and sells books in the front reception area.
- Buildonbooks.com

### Cooking utensils and new home basics

- See YMCA and Sainsbury's (see Mixed Collections on Marlow Town Council website under Community).
- When some people move into a new home they cannot afford basics. Find someone moving into a home who would appreciate your items by phoning a charity such as:
- Saunderton Lodge (01844 345436)
  - Wycombe Homeless Connection (check their giving list [www.wyhoc.org.uk](http://www.wyhoc.org.uk))
  - Padstones. Supports homeless young people ([www.connectionssupport.org.uk](http://www.connectionssupport.org.uk))
  - Link Foundation. A local charity that supports young people in need.

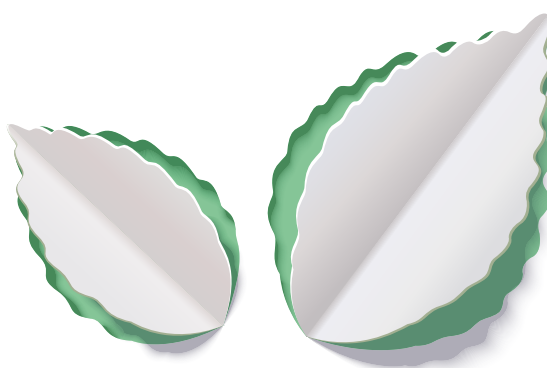
Many thanks to local resident, Jenny Coutts, for researching this information and putting it together. The full list is on the Marlow Town Council website **[www.marlow-tc.gov.uk](http://www.marlow-tc.gov.uk)**. Please check with the various organisation before donating.

## PAPER LOVES TREES

European forests, which provide wood for making paper, paper packaging and many other products, have been growing by 1,500 football pitches every day!

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Source: Forest and Agricultural Organisation of the United Nations (FAO), 2005 - 2015  
European Forests: EU27 + Norway, Switzerland and the UK





# Snooze It, Don't Lose It

*Sleep advice for when the clocks go forward*



**D**on't sacrifice your sleep when the clocks go forward on Sunday, 29th March. When it comes to the weekend's "lost hour", advice from The Sleep Council is to "snooze it rather than lose it."

Chief Advisor Lisa Artis says: "Rather than lose an hour's sleep, shave it from the day and have an extra hour in bed, if you possibly can. Although it's only 60 minutes, it can affect our body clocks which in turn affects our sleep patterns."

*Make sure young children don't over-indulge in sugary treats before bedtime as the ensuing sugar rush could keep them bouncing long into the night!*

Not so easy for those with small children who don't understand Daylight Saving Time adjustments! According to research from America\*, whether the clocks go forward or back, around half of parents questioned said it affected their children. More than a quarter (29%) reported more difficulty getting children to sleep after the time change. And of those who reported bedtime challenges, 94% said it took two or more days to get youngsters back into their regular sleep pattern.



Lisa said: "It can take people of any age time to get back into a routine and that can impact on energy levels, general wellbeing and even productivity at work."

So, if you're among those unable to "snooze it rather than lose it", or are wondering how to steer children through the time change, try following **The Sleep Council's top tips for taking on the clocks:**

- Move bedtime a little earlier, by just 10 minutes or so, in the days approaching the clocks going forward. It won't seem too bad come Sunday when you lose those precious 60 minutes.
- With a change of natural light patterns, keep the bedroom as dark as possible. Light suppresses secretion of the sleep-inducing hormone melatonin. So, while it is important to expose yourself to natural light during the waking hours as much as possible, conversely, do not expose yourself to bright light when it is dark outside.
- Practice good sleep hygiene. Create a sleep-friendly environment that enhances your chances of falling asleep, staying asleep and sleeping well. This includes a cool temperature (around 16-18 degrees) and eliminating distractions (i.e. banning mobiles, tablets etc. in the hour before bed).
- It may sound simple, but make sure your bed is comfortable. It's difficult to get deep, restful sleep on one that's too soft, too hard, too small or too old. If it's older than seven years, maybe use the weekend to look at replacing it.
- Try not to overindulge in caffeine, food and alcohol over the clock change weekend, as these all have a negative impact on sleep. Similarly, try to make sure young children don't over-indulge in sugary treats before bedtime as the ensuing sugar rush could keep them bouncing long into the night!
- If you can't sleep, don't lie there worrying about it. Get up and do something you find relaxing such as reading a book until you feel sleepy again – then go back to bed.

*\*Survey by the Better Sleep Council, published March 2017*

The Sleep Council has lots more free tips and advice. For more information visit **[www.sleepcouncil.org.uk](http://www.sleepcouncil.org.uk)**

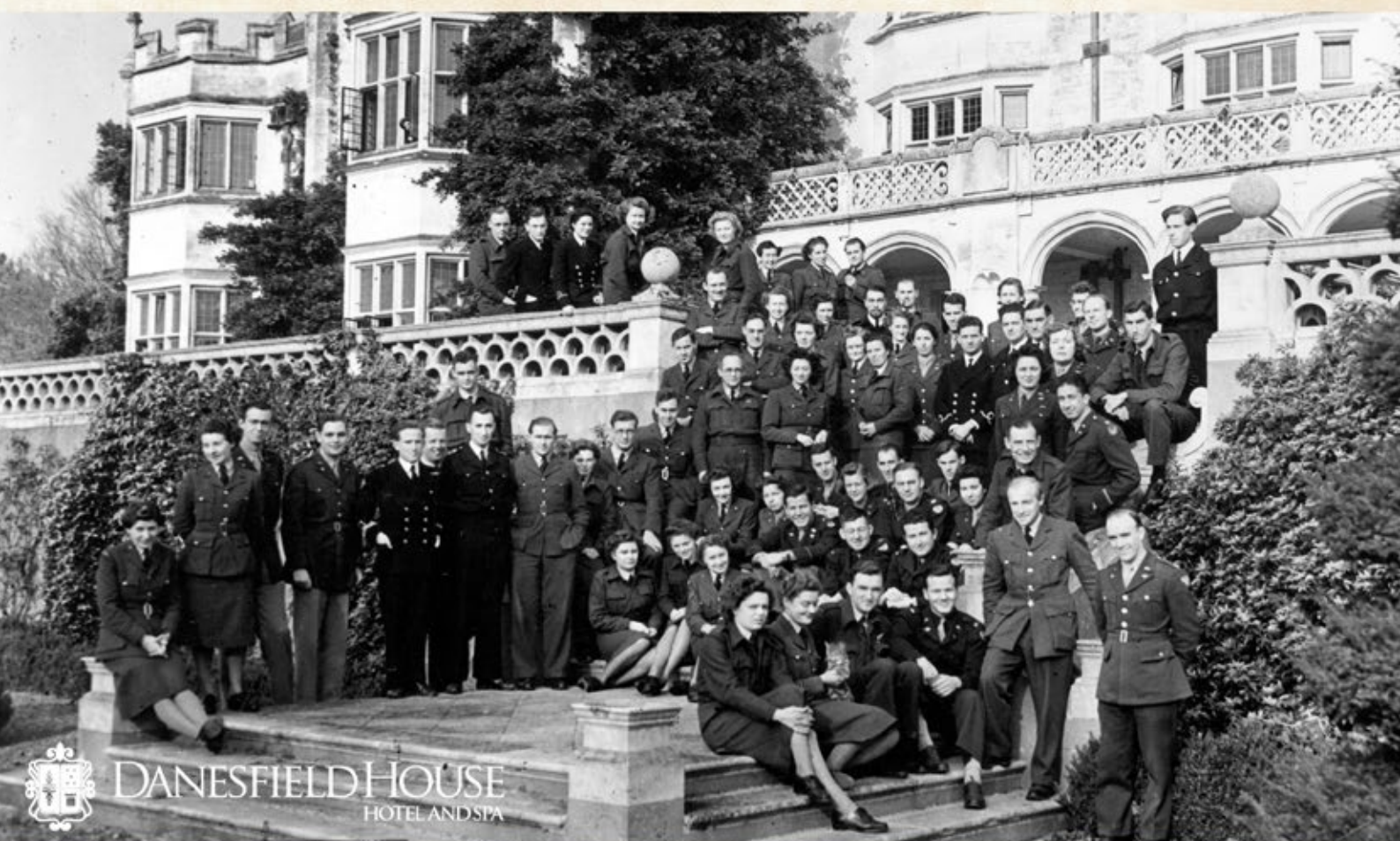
Tel: **01756 795374** | email: **[jan@akapr.co.uk](mailto:jan@akapr.co.uk)** or **[lisa@sleepcouncil.org.uk](mailto:lisa@sleepcouncil.org.uk)**





# VE Day 2020 75th Anniversary Lunch

*Saturday 9th May at Danesfield House Hotel*



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- Informative talks and tour of Danesfield House
- Glass of Prosecco and canapés
- Three-course set lunch with half a bottle of house wine
- Talks and book signings from leading wartime authors throughout the day

For the full list of authors, see our website for further details:  
[www.danesfieldhouse.co.uk/concierge/whats-on](http://www.danesfieldhouse.co.uk/concierge/whats-on)

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**Reservations: [enquiries@danefieldhouse.co.uk](mailto:enquiries@danefieldhouse.co.uk) or call 01628 891010**





# Who Does What?

## Who looks after you in Marlow?

It is easy to think of 'The Council' as a single entity. In fact that are three entirely separate councils that have responsibilities for Marlow, and each council plays a very different role. Do you know which council empties your dustbins, runs the Marlow Library, owns our allotments, repairs broken street lights, owns and runs our cemetery and chapel, or is responsible for Higginson Park?

We know it can be confusing. It's not always easy to find out who is responsible for what, which can sometimes be very frustrating. The information below is designed to point you in the right direction. The Marlow Town Council office will always try and help you with your initial queries and put you on the right path, even if we can't help directly. We all work together to try and ensure the best for the residents of Marlow. If you are in any doubt who to ask just telephone the office on **01628 484024**.

### Marlow Town Council

One of 28 Parish/Town  
Councils in Wycombe District  
Tel: **01628 484024**



- A wide range of civic and community events throughout the year such as Celebrate Marlow, the Remembrance Day Service and Parade, Carols on The Causeway, Switch On & Shop, the Mayor's Civic Service and the Mayor's Charity Golf Day
- Consultee for planning
- Two allotment sites: Hanging Hill and Foxes Piece
- The Cemetery and Chapel at Wethered Road
- Shopmobility in Marlow, at Court Garden Leisure Centre
- Contribution towards the Marlow Town Bus
- Advertising banners across the High Street and Spittal Street
- Gossmore Recreation Ground (excluding the car park and section of land leading to the river bank)
- Seymour Park including the play areas
- Riley Park and Campbell Road play areas
- Grass and hedge cutting in and around the town
- Responsibility for the upkeep of designated footpaths and parish paths
- Removal of fly posters and illegal signs on public highways and attached to street furniture
- Contribution towards Marlow's PCSO
- Christmas Lights, for which we actively fund-raise each year
- As a town council we can help influence BCC and WDC in their decision-making process

You can email us directly through our website **[www.marlow-tc.gov.uk/static/marlow/contactus.aspx](http://www.marlow-tc.gov.uk/static/marlow/contactus.aspx)**  
Follow us on Facebook, Instagram and Twitter **@MarlowTC**

### Wycombe District Council

One of four District Councils in  
Buckinghamshire  
Tel: **01494 461000**



- Higginson Park, upkeep and maintenance
- Court Garden Leisure Centre
- Car parks – Court Garden, Dean Street, Institute Road, Liston Road, Riley Road, Gossmore Recreation
- Planning applications and building controls
- Environmental health
- Street trading
- Street name signs
- CCTV
- Public toilets and litter bins
- Bin collection and pest control

You can use their website to report a missed bin collection: **[www.wycombe.gov.uk/pages/Recycling-and-waste/Bin-collections/contact-waste.aspx](http://www.wycombe.gov.uk/pages/Recycling-and-waste/Bin-collections/contact-waste.aspx)**

All local planning applications are also available to view online here: **[www.wycombe.gov.uk/pages/Planning-and-building-control/Planning-applications/Find-a-planning-application.aspx](http://www.wycombe.gov.uk/pages/Planning-and-building-control/Planning-applications/Find-a-planning-application.aspx)**

### Buckinghamshire County Council

One of 17 County Councils in  
England  
Tel: **01296 395000**



- Trading Standards
- Transport for Bucks, highways, pavements, street lighting
- Highways and public footpath repair and maintenance
- Social care, adult and children's services
- Schools
- Libraries
- Household waste sites

They have a handy range of online tools to report problems. You can report potholes, problems with street lighting, highways issues, and report issues and complaints with public transport. You can also apply for a whole range of licences from planting shrubs on council-owned land to placing a skip on the road.

**[www.buckscc.gov.uk/services/transport-and-roads/report-a-highways-problem](http://www.buckscc.gov.uk/services/transport-and-roads/report-a-highways-problem)**



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# Your Councillors

## Marlow North West Ward

*Cllr Suzanne Brown*

Tel: 01628 475726  
Mob: 07984 929812  
sbrown@marlow-tc.gov.uk



*Cllr Roy Cadman*

Tel: 01628 482299  
rcadman@marlow-tc.gov.uk



*Cllr Chris Funnell  
Deputy Leader*

Tel: 01628 482654  
Mob: 07766 300421  
cfunnell@marlow-tc.gov.uk



*Cllr Bob Johnson  
Chairman of Resources  
Committee and  
Deputy Mayor*

Mob: 07831 124271  
bjohnson@marlow-tc.gov.uk



*Cllr Camilla Keighley*

Tel: 07971 102257  
ckeighley@marlow-tc.gov.uk



*Cllr Neil Marshall  
Chairman Planning*

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*Cllr Roger Wilson*

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## Marlow South East Ward

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*Cllr Kathy Thomson*

Mob: 07798 615086  
kthomson@marlow-tc.gov.uk



*Cllr Emily West*

Tel: 01628 482100  
Mob: 07879 814888  
ewest@marlow-tc.gov.uk



## Marlow South Ward

*Cllr Richard Scott  
Mayor*

Tel: 01628 488186  
rscott@marlow-tc.gov.uk



*Cllr Jocelyn Towns  
Leader*

Tel: 01628 477914  
Mob: 07715 547251  
jtowns@marlow-tc.gov.uk





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